

GET YOUR FREE GENERAL ADMISSION TICKETS AT ITT, BUILDING 22

Fletcher Fitness Center Building 301

Programs & Events are FREE to all authorized patrons More info call: 207-438-4261 Mon-Fri, 5 a.m. - 8 p.m. Sat & Sun, 8 a.m. - 4 p.m. *Hours are subject to change

Monthly Challenge: 1.5 Mile Run

May fitness competition at the Fletcher Fitness center for the whole month. Can be done outside or on a treadmill. If this is completed on a Treadmill, Incline must be set to 1.0.

May Fun Run/Walk

Wednesday, May 8 Join us for a 3 mile fun run or walk! It can be done outside or on the process of building 2 new a treadmill. You can run anytime throughout the day by honor system. Runners will do 3 miles and walkers will do 1.5 miles

Disc Golf

Wednesday, May 22 | 4 p.m. It is a perfect time of year to play in our Disc golf tournament. Disc golf is scored like traditional golf but it involves throwing a disc from a tee off point to a target (a basket with chains). Players keep count of throws (or strokes); Enjoy the day in Boothbay and just like golf the lowest number of strokes wins. Report to Fitness Center for Scorecards.

Summer Softball League

Deadline to sign up is May 1. The full season will run thru early September. We play 3 scheduled games each day Mondays -Thursdays. The winner of the playoffs will be given a team plaque.

Discount Tickets, Trips & Tours at ITT

Building 22 More info call: 207-438-2713 **Operational Hours:** Mon-Thurs, 8 a.m. - 6 p.m. Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m. *On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Newport Flower Show Saturday, June 22 **\$70 (includes flower show and** transportation)

We leave for the flower show at 7 a.m. and arrive in time to see the floral exhibits entitled "At Home" at Rosecliff Mansion and have 2-3 hours at the show. We'll stop for lunch in Newport (not included) hoping for a waterfront view. Thomas Dambo is in giant trolls in Rhode Island at Ninigret Park (about ½ hour from Newport) He designed the five trolls in Boothbay, ME. We then head back to the Shipyard by 5 p.m.

Puffin Watch & Boothbay Harbor, ME Day Trip

Saturday, June 29 \$80 (includes van transportation) OR \$55 (meet us there)

Harbor, ME! We'll start the day on the water looking for Puffins during the Puffin watch cruise. Be sure to pack snacks & water. There are plenty of opportunities for sightseeing, shopping and lunch in Boothbay Harbor after the Cruise. There will also be van transportation available to visit the Coastal Botanical Gardens (tickets for the garden are purchased on your own). We'll depart PNSY at 7 AM and return to PNSY at 7 PM.



Free Movies

Free movies play in the Shipyard Auditorium, Building 22.

Friday Movies are at 6 p.m

hope to find them after lunch and May 3 - The Beekeeper (2024) (R) May 10 - Anyone But You (R) May 17 - The Iron Claw (R) May 24 - American Fiction (R) May 31 - I.S.S. (R)

Saturday Movies are at 2 p.m.

May 4 - Mean Girls (2024) (PG13) May 11 - Kung Fu Panda 3 (PG) May 18 - National Treasure (PG) May 25 - The Book of Clarence (PG13)

To find a full list of movies that will be playing this month visit our FB page: www.facebook.com/pnsyffr





Jamaica Island

Looking for a place to have a birthday, wedding or a party? **BOOK JAMAICA ISLAND!**

1 Large Pavilion: \$75 1 Medium Pavilion: \$50 1 Small Pavilion: \$50

Recreation Equipment Rental is located in the back of Building H10

Hours of Operation: Monday-Friday, 8 am - 3:30 pm Prices and Hours subject to change Scenic waterfront views!