

August 2023

Portsmouth Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

DEEP SEA Fishing Trips

Fishing at
the best time
of the year!



Sunday, September 10

AND Sunday, September 24

\$75

Per Person

Price includes Rod rental & bait

Boat leaves from the PNSY, Back Channel Marina at 8 a.m. and
will return at 3:30 p.m.

You'll fish from New England's most productive fishing grounds! Pack a lunch & come
enjoy a great full day of fishing. You can bring your fish home whole or the boat staff
will fillet it.

All people going on trips **MUST** come in to office & sign hold harmless papers. No sign papers no trip.

For 12 years and older.
No alcohol allowed.

For more information &
to sign up visit ITT,
Building 22 or call
207-438-2713



Get More Updates! www.navylifePNSY.com www.facebook.com/pnsyffr

Fletcher Fitness Center

Building 301

Programs & Events are FREE

to all authorized patrons

More info call: 207-438-4261

Mon-Fri, 5 a.m. - 8 p.m.

Sat & Sun, 8 a.m. - 4 p.m.

*Hours are subject to change

Push Up Challenge **Month of August**

August fitness competition at the Fletcher Fitness center for the whole month. The most repetitions wins this competition. Only hands and feet may touch the ground. When lowering the body arms must be parallel to the floor. You must also maintain a straight line from ears to ankles.

Disc Golf Tournament **Sign Up Deadline: August 11** **Tournament: August 16**

It is a perfect time of year to play in our Disc golf tournament. Disc golf is scored like traditional golf but it involves throwing a disc from a tee off point to a target (a basket with chains). Players keep count of throws and just like golf the lowest number of strokes wins. Trophy to the winner, fitness swag for all participants! Sign up by Friday, August 11 at the Fitness Center.

Discount Tickets, Trips & Tours at ITT

Building 22

More info call: 207-438-2713

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m.

*On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Free Movies

Free movies play in the Shipyard Auditorium, Building 22.

Friday Movies are at 6 p.m. and

Saturday Movies are at 2 p.m.

To find a full list of movies visit:

www.facebook.com/pnsyffr

Star Island Day Trip

Sunday, August 6

\$45 each

(\$43 for military & seniors)

After three years of restricted access, we're back! Star Island has both beauty and 400 years of history. The Oceanic Hotel has attracted artists, writers, and poets such as Nathaniel Hawthorne and Celia Thaxter. We meet in Portsmouth at 8:30 a.m. to depart on the Challenger. After our scenic voyage, we'll have 4 hours on the island to enjoy lunch, guided tour, walk, birdwatch, and/or just rocking in the rocking chairs. They have a library, a gift shop, kayaks to rent, and more. We return on the Thomas Leighton with a narrated tour by 5:30 p.m. This will sell out quickly so sign up early for this relaxing day of tranquility. Most people who visit the island make a promise to themselves that they will be back and after a day here, and you will find out why!

Whale Watch Cruise **Saturday, August 12**

\$60 for van transportation

\$47 to meet us there (there is \$5 cash parking fee required on site)

If you haven't seen whales on the seacoast, then this is your chance. Spend the afternoon with us on the water watching nature at its best. Join us in Rye, NH when we leave for a 3-4 hour cruise to view whales in their favorite splashing grounds - Yes you may get wet! We leave from the Shipyard at 1 pm and start our adventure on the seas at 2 pm. Return time may vary but we'll be return to the Shipyard by 7 pm.



Wood Hobby Shop

Building H10

More info call: 207-438-1820

Tues & Thurs, 4 to 9 p.m.

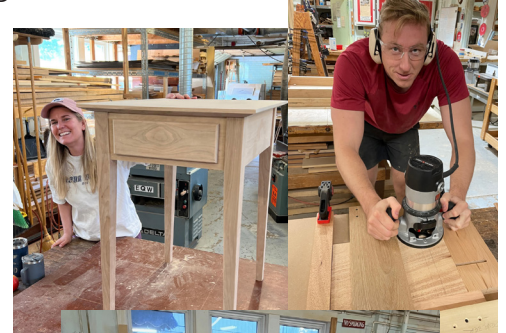
Sat, 9 a.m. to 1 p.m.

Summer Open House

Saturday, August 26

10 a.m. - 2 p.m.

The staff of Shipyard Woodcrafters will be hosting an open house on Saturday, August 26 from 10 a.m. to 2 p.m. Come see what the MWR Woodshop has to offer you. There will be displays where you can view work that has been completed by members, skill demonstrations, and refreshments. Learn what tools, equipment and support the staff can provide you for your next project. You do not need to be an expert to use the facilities. The knowledgeable and friendly staff are great at helping all levels of woodworkers (from beginners to experts) achieve their goals.



Stay Connected

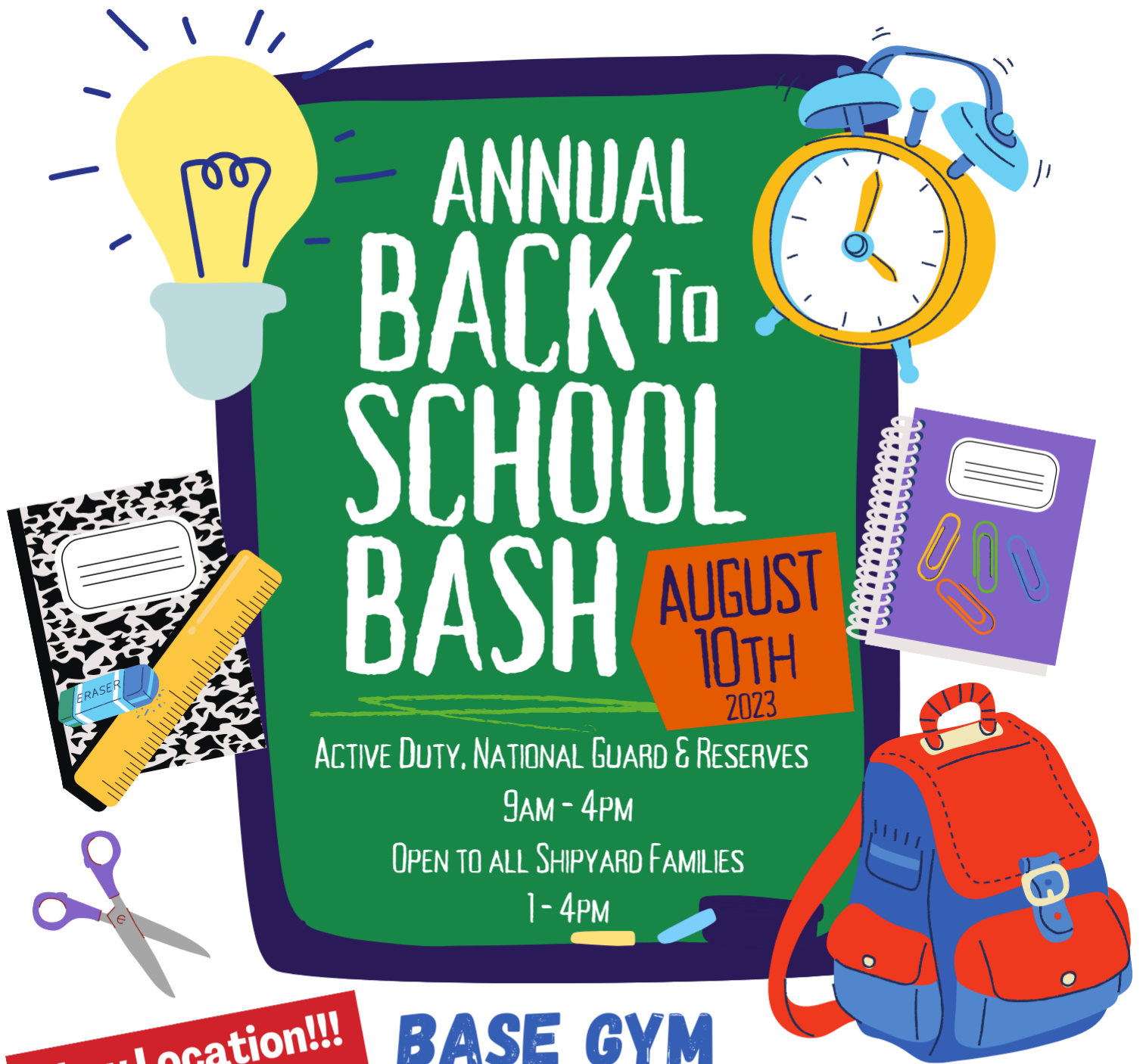
Get updates right on your phone!

Sign up for our texting program:

Text PNSYFUN to

888-697-6762

You can also download the NAVY MWR PNSY App! Available on both Apple Store and Google Play.



New Location!!!

BASE GYM

PORTSMOUTH NAVAL SHIPYARD

Come get your Backpacks & School Supplies.
Meet your local military & community resources.
Enjoy some fun with the PNSY & FAA STEM Teams

Kristen Ferullo, School Liaison Officer

kristen.e.ferullo.naf@us.navy.mil