

October 2024

Portsmouth Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

UPCOMING 2025 TRIPS

**Give the gift of experiences this holiday season! Let's thrive in '25!
MWR has discount tickets to many attractions and let us to the driving
or in many cases you can meet us there.**

Sign ups start December 2024

**For more info contact ITT at 207-438-2713 or visit Building 22
www.navalynlifePNSY.com | www.facebook.com/pnsyffr**

**Monday,
February 17 (President's Day)**

**Ice Castles
North**

Woodstock, NH

**Saturday,
May 3**

**Boston Day
Trip****

Boston, MA

**Saturday,
April 26**

**Portland
Mailboat Run
(5 Islands)**

Portland, ME

**Saturday,
May 10 (Mother's Day Weekend)**

**Butterfly Place
& Yankee
Candle Village**

Westford & Deerfield, MA

**Sunday,
May 25**

**Acadia
National
Park****

Bar Harbor, ME

**Sunday,
June 15 (Father's Day)**

Peaks Island

Portland, ME

**Thursday,
June 19 (Juneteenth)**

**Castle in the
Clouds**

Moultonborough, NH

**Saturday,
June 21**

**Newport
Flower Show**

Newport, RI

***MWR has had multiple trips in the past here so be sure to request the waitlist.
Additional trips may fill before they are fully advertised*



Fletcher Fitness Center

Building 301

Programs & Events are FREE

to all authorized patrons

More info call: 207-438-4261

Mon-Fri, 5 a.m. - 8 p.m.

Sat & Sun, 8 a.m. - 4 p.m.

*Hours are subject to change

Pull Up Challenge

Month of October

Come into the Fletcher Fitness Center any time during the month of October. There must be full extension of arms at the bottom and chin fully over the bar. Most reps done in 1 set wins!

Disc Golf Tournament

Wednesday, October 30

4 p.m.

It is a perfect time of year to play in our Disc golf tournament; try it before the snow arrives! Disc golf is scored like traditional golf but it involves throwing a disc from a tee off point to a target (a basket with chains). Players keep count of throws (or strokes); and just like golf the lowest number of strokes wins. Fitness swag for all participants!

Stay Connected

Get updates right on your phone!

Sign up for our texting program:

Text PNSYFUN to

888-697-6762

You can also download the NAVY MWR PNSY App! Available on both Apple Store and Google Play.



Discount Tickets, Trips & Tours at ITT

Building 22

More info call: 207-438-2713

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m.

*On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Damariscotta Pumpkinfest & Trolls

Saturday, October 12

\$30 includes van transportation (gardens admission not included)

Take a step back in time & enjoy Damariscotta with us. We leave at 8 a.m. and will have 3 hours in Damariscotta. Stroll by giant pumpkins transformed into creatures and more. Pack a lunch or enjoy food there. We then stop at the Coastal Maine Botanical Gardens in Boothbay to see the trolls and flowers before they rest for the season. We leave with our steps in at 4 p.m. returning to the Shipyard by 6 p.m.

Acadia National Park

Sunday, October 6

\$35 includes admissions and transportation

As New England's only national park, Acadia is a must see. You won't see it all but you'll enjoy amazing places all in one day. Leave the driving & reservations to us. We leave the shipyard at 7 a.m. and wonder at Acadia National Park's Thunder Hole for 11 a.m. After a brief stop at Otter's Point, enjoy lunch (on your own) or a hike at Jordan's Pond. Our last stop is Cadillac Mountain. We leave Acadia at 4 p.m., have a quick stop in Bangor and back by 8 p.m.

Free Movies

Free movies play in the Shipyard Auditorium, Building 22.

Friday Movies are at 6 p.m. and

Saturday Movies are at 2 p.m. To find a full list of movies visit: www.facebook.com/pnsyffr

Auto Hobby Shop

Behind Building H10

More info call: 207-438-2981

Tues, Wed & Sat, 8 a.m. - 4 p.m.

Thurs & Fri, 10a.m. - 6 p.m.

Please note: 30 minutes before closing time no new projects are to start and clean-up is to begin.

Fall Car Maintenance

Clean out the inside of your car with the FREE vacuum out front. Then top it off with filling up the tires with the FREE air hose. You're car will be all ready for the colder weather!

Auto Hobby Shop has 6 bays - 5 Two Post Lifts & a Motorcycle/ATV lift
First Come, First Serve
We have tools for just about ANY job!
\$6.00/hr To Rent a Bay with a Lift (We supply the tools!)
\$5.00 Tire Machine (Unlimited Use)
\$5.00 Tire Balancer (\$5.00 Per Tire - Weights Included)
\$5.00/hr Wash Bay
FREE Vacuum Out Front
FREE Air Hose Out Front

Recreation Equipment Rental

Building H10

More info call: 207-438-1514

Mon-Fri, 8:30 a.m. - 3 p.m.

Mark Your Calendar: Sunday River Ski Trip **February 5 - 9, 2025**

More info to come!

WOOD HOBBY SHOP

Demonstrations, Clinics, & Workshops

Want to try a new hobby or learn a new skill? Stop by the Wood Hobby Shop in Building H-10 for more information. Or sign up for one of the upcoming demonstrations or workshops.

Open shop hours are Tuesdays & Thursdays 4 - 9 p.m. & Saturdays 9 a.m. - 2 p.m.

Wednesday, October 9, 2024 | 4:30 - 6 p.m. | Sharpening Basics (demonstration & discussion)

A dull tool is useless and dangerous. Take the mystery out of properly sharpening hand tools. Demonstration will involve straight and curved edged tools using different methods (oil, water and diamond stones).

Instructor: Mark DeVeber | Cost: Free



Wednesday, October 23, 2024 | 4:30 - 7 p.m. | Restoration of Old Hand Tools (clinic)

Everyone has either got an old hand tool from a grandparent or you picked one up at a yard sale, flea market, or an auction. Bring in your old (and uncared for) hand tool and we will evaluate the condition and show you how to recondition and restore it to its previous glory. While the clinic will demonstrate the restoration process using the example of a Stanley number 4 or 7 hand plane, the principles can be applied to many other tools.

Instructor: Mark DeVeber | Cost: Free



Wednesday, November 13, 2024 | 4:30 - 6 p.m. | Woodcarving Introduction (demonstration & discussion)

Carving is one of the oldest crafts known to man. It requires a relatively small amount of tools, and is perfect for people with limited space and time. This demonstration and discussion will focus on low and high relief carving, chip carving, and whittling, wood selection, and layout.

Instructor: Mark DeVeber | Cost: Free



Monday, Wednesday, Friday, December 2, 4, 6, 2024 | 4:30 - 8 p.m. | Charcuterie (cutting) Board Workshop

Make a simple charcuterie board in time for the holidays. Over the course of the workshop we will cut, mill, and glue up strips of wood (walnut, cherry and maple) to make a board. As time permits students will be able to customize boards and add embellishments based on desires and skills. Class size is limited and enlisted military personnel will be given priority in this workshop. You must register with the instructor before November 15, 2024. Instructor: Mark DeVeber.

Cost: \$50 per person (includes shop fee, wood, glue and finishing materials).

NOTE: If you are Enlisted Military assigned to PNSY (Tenant command or Submarine) then your materials will be included for free!

Send an email to request a slot or more information to mark.shipyardwoodcrafters@gmail.com



www.navalylifepnsy.com | www.facebook.com/pnsyffr

